

Return to Self

Description

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Vezuff Books

# Return to Self

Poetry on rupture and repair. A contemplative collection that moves through fracture, tenderness, and the quiet work of becoming whole again.

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Book Overview

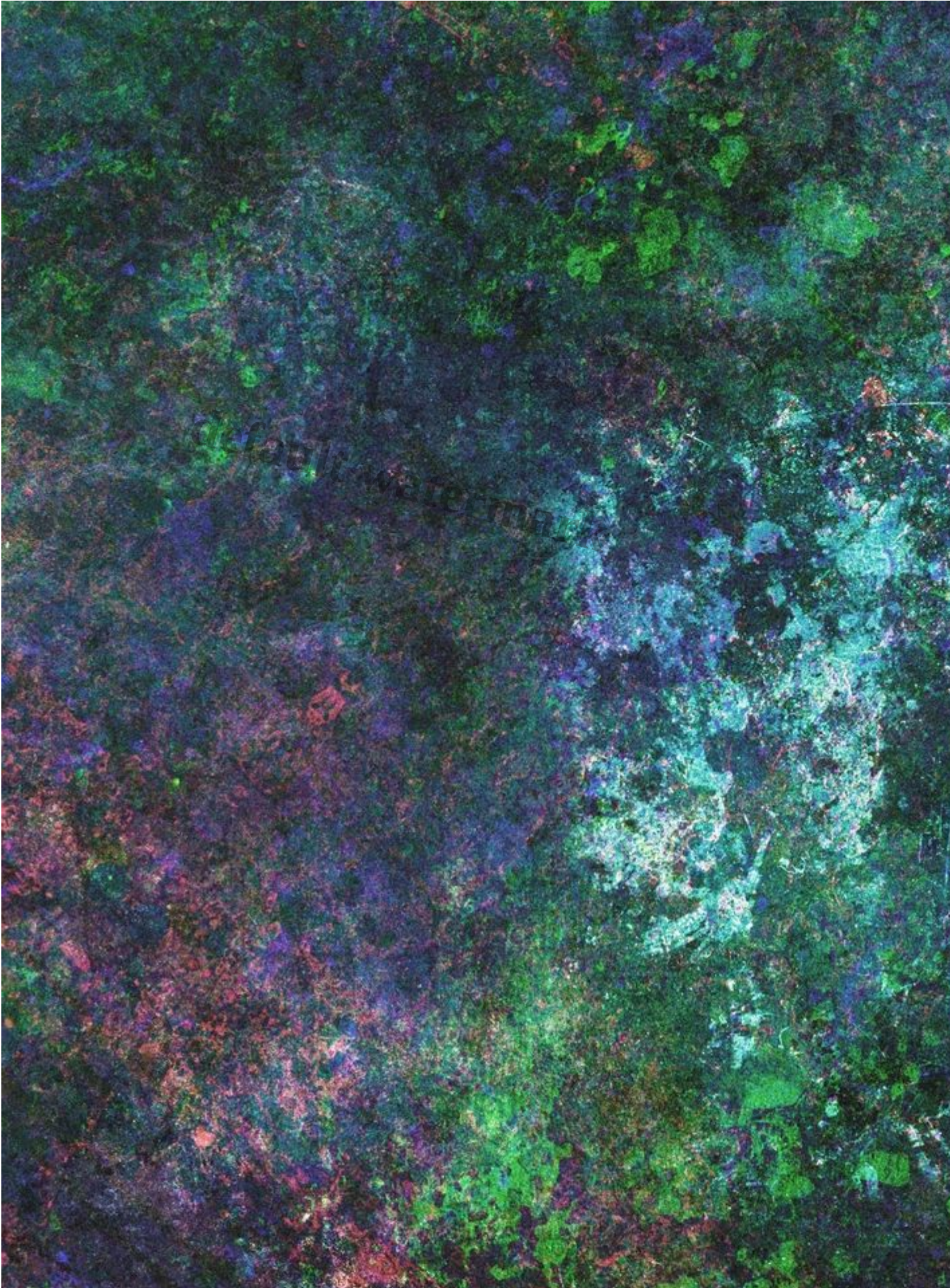
## A book of inward return

*Return to Self* traces what happens after rupture: the pause, the listening, the slow reassembly of an inner life. These poems stay close to grief, beauty, memory, and the natural world, offering language for moments that resist easy explanation.

Written in an elegant, reflective voice, the collection invites readers into a quieter kind of attention. It does not rush toward certainty. Instead, it honors tenderness, fracture, and renewal as part of a living spiritual and human practice.

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Themes

## What the book holds

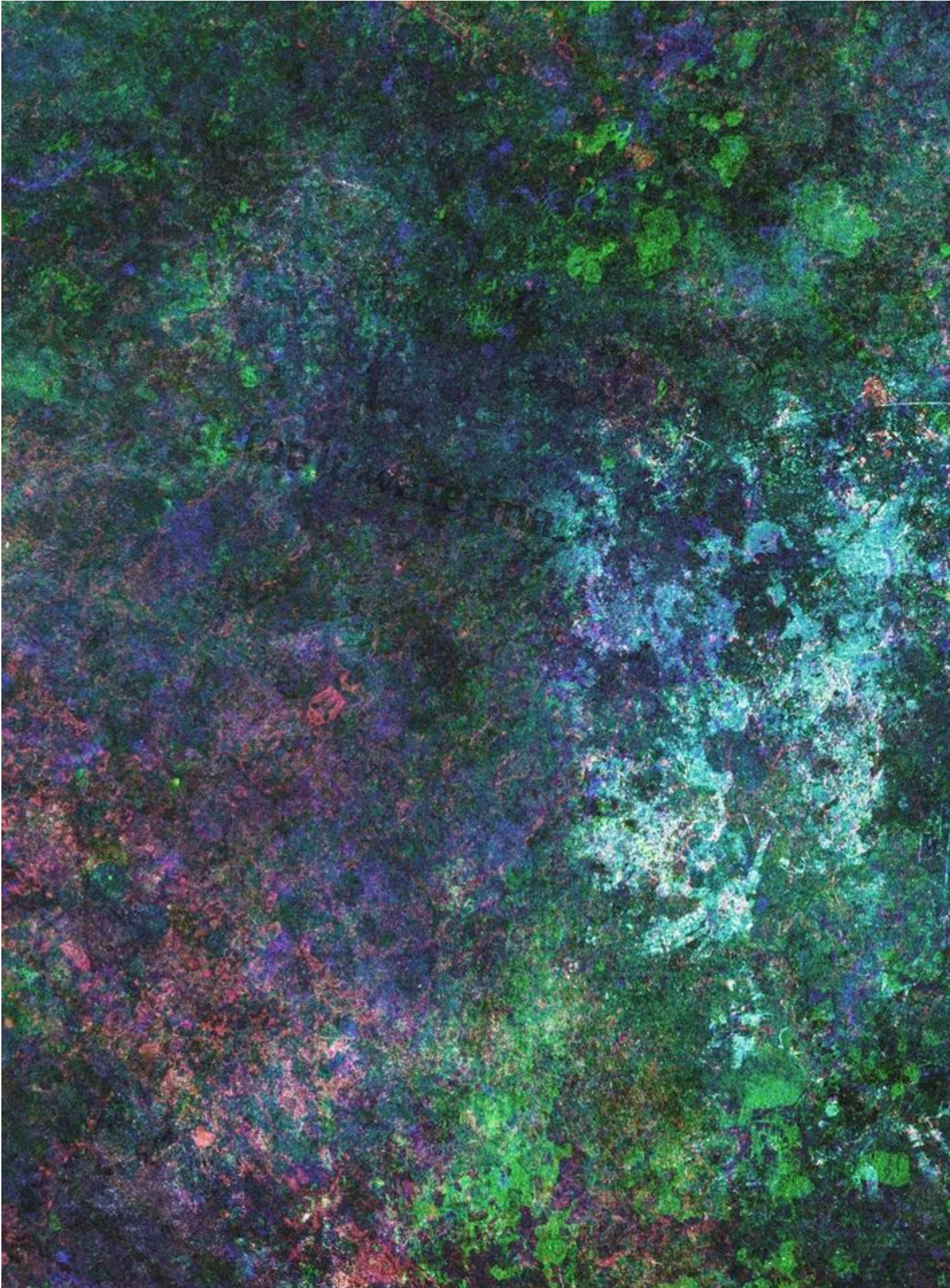
Three recurring movements shape the collection, guiding the reader from inner stillness through fracture and toward a more spacious sense of self.



## Presence

Poems attentive to silence, breath, seasons, and the subtle textures of being alive.

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## Rupture

Writing that stays with loss, disorientation, and the breaking open that can alter a life.

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## Repair

A tender return toward wholeness, where language becomes a companion to renewal.



### Continue the journey

Discover the wider literary world of Vezuff Books, including *Escape from Matter* and more reflective writing for seekers and readers.

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#### Date Created

2026/08/13

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